

## Mind Matters

### National Sexuality Education Standards - *Second Edition 2020*

GRADES 9, 10, 11, 12

<b>CONSENT AND HEALTHY RELATIONSHIPS</b>	
<b>ANALYZING INFLUENCES (INF)</b>	
<b>STANDARD</b>	<b>LESSON</b>
<b>10.INF.1</b> Evaluate strategies to end an unhealthy relationship, including when situations may require adult and/or professional support.	5, 7, 11, 12
<b>10.INF.2</b> Analyze the potentially positive and negative roles of technology and social media on one's sense of self and within relationships.	2, 4, 5, 7, 12
<b>SELF-MANAGEMENT (SM)</b>	
<b>10.SM.1</b> Demonstrate ways to show respect for the boundaries of others as they relate to intimacy and sexual behavior.	12
<b>12.SM.1</b> Evaluate strategies to use social media safely, legally, and respectfully.	5
<b>PUBERTY AND ADOLESCENT SEXUAL DEVELOPMENT</b>	
<b>CORE CONCEPTS (CC)</b>	
<b>STANDARD</b>	<b>LESSON</b>
<b>10.CC.1</b> Describe the cognitive, social, and emotional changes of adolescence and early adulthood.	2, 3, 4, 6, 7
<b>INTERPERSONAL VIOLENCE (IV)</b>	
<b>CORE CONCEPTS (CC)</b>	
<b>STANDARD</b>	<b>LESSON</b>
<b>10.CC.2</b> Describe the types of abuse (e.g., physical, emotional, psychological, financial, and sexual) and the cycle of violence as it relates to sexual abuse, domestic violence, dating violence, and gender-based violence.	6
<b>10.CC.3</b> Explain why a victim/survivor of interpersonal violence, including sexual violence, is never to blame for the actions of the perpetrator.	6

**ADVOCACY (ADV)**

<b>12.ADV.1</b> Advocate for school and community policies that promote safety, respect, and equity for all people (e.g., race, ethnicity, socio-economic status, differing abilities, immigration status, family configuration).	4 & 5
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