The Dibble Institute®
Resources for Teaching Relationship Skills

Money Habitudes How to be rich in life and love

U.S. National Standards Health and PE
Grades: 9, 10, 11, 12

Lesson 01: Why Does Money Matter?

No Correlations Found

Lesson 02: Money HabitudesTM

Grades: 9, 10, 11, 12 – Adopted **2007**

STRAND / ORGANIZATION	N.NHES.	National Health Education Standards (NHES)
STANDARD / BENCHMARK	NHES.2:	Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.
BENCHMARK / GRADE LEVEL EXPECTATION	2.12.1	Analyze how the family influences the health of individuals.
BENCHMARK / GRADE LEVEL EXPECTATION	2.12.2	Analyze how the culture supports and challenges health beliefs, practices, and behaviors.
BENCHMARK / GRADE LEVEL EXPECTATION	2.12.5	Evaluate the effect of media on personal and family health.
BENCHMARK / GRADE LEVEL EXPECTATION	2.12.7	Analyze how the perceptions of norms influence healthy and unhealthy behaviors.
BENCHMARK / GRADE LEVEL EXPECTATION	2.12.8	Analyze the influence of personal values and beliefs on individual health practices and behaviors.

Lesson 03: Money HabitudesTM Solitaire

Grades: 9, 10, 11, 12 – Adopted **2007**

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BENCHMARK / GRADE LEVEL EXPECTATION	2.12.7	Analyze how the perceptions of norms influence healthy and unhealthy behaviors.
BENCHMARK / GRADE LEVEL EXPECTATION	2.12.8	Analyze the influence of personal values and beliefs on individual health practices and behaviors.

Lesson 04: Thinking About My Money Habitudes

Grades: 9, 10, 11, 12 – Adopted **2007**

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BENCHMARK / GRADE LEVEL EXPECTATION	2.12.7	Analyze how the perceptions of norms influence healthy and unhealthy behaviors.
BENCHMARK / GRADE LEVEL EXPECTATION	2.12.8	Analyze the influence of personal values and beliefs on individual health practices and behaviors.

Lesson 05: Goals and Obstacles

For more information on Money Habitudes please
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