

September 2019 Webinar

Meet Them Where They Are: Building Protective Factors For The Future

Presenters:

Emily Spruill HSP, Reta Johnson MS,CRC, CADC,

Mina Koplin LCSW



Webinar Information

If you are unable to access audio through your computer, please use your phone:

+1 (415) 655-0052 /access code: **548-730-628**
All attendees are muted.

Ways to participate

1. Type your questions in the “Questions” box at the end of the webinar for Q & A time.
2. There is an open ended question near the end that you can type your response in the question box.
3. Answer the poll question.

This webinar will be archived at:
www.dibbleinstitute.org/webinars/

Charlie and Helen Dibble





The Dibble Institute

Resources for Teaching Relationship Skills

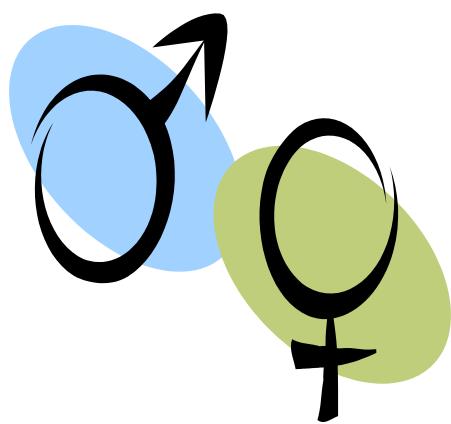
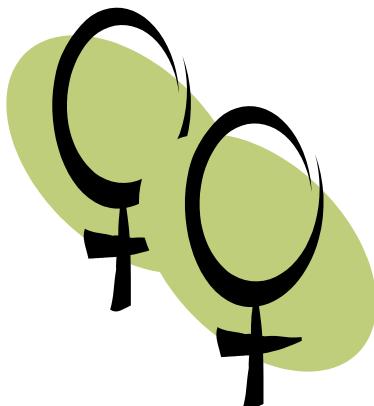
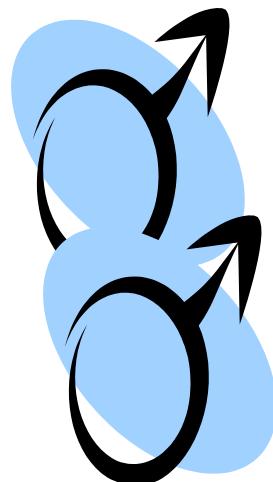
The Dibble Institute believes in research.



The Dibble Institute
believes in stable, healthy families.



The Dibble Institute believes
all people deserve respect.



Definition of Protective Factors

According to the CDC (2019):

“Protective factors are individual or environmental characteristics, conditions, or behaviors that reduce the effects of stressful life events. These factors also increase an individual’s ability to avoid risks or hazards, and promote social and emotional competence to thrive in all aspects of live, now and in the future.”

<https://www.cdc.gov/healthyyouth/protective/index.htm>



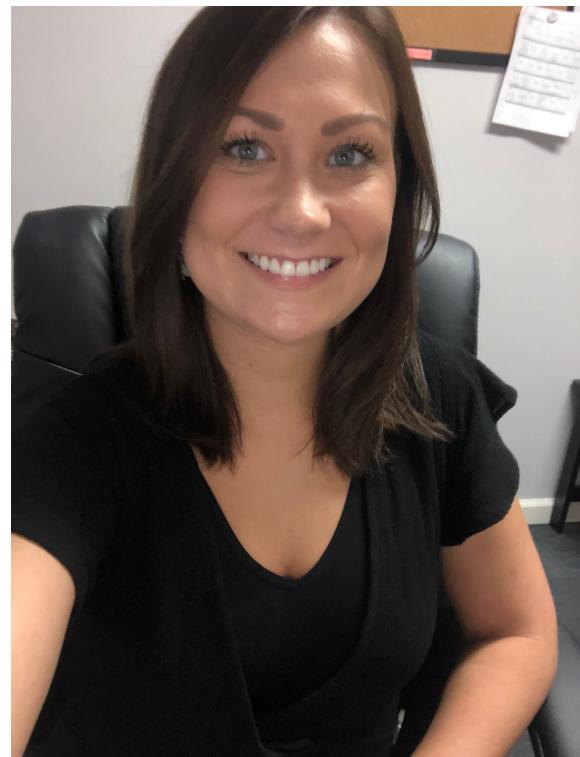
Emily Spruill, HSP

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Advocates
for Children





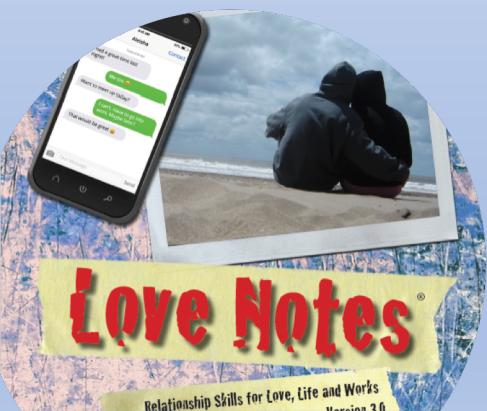
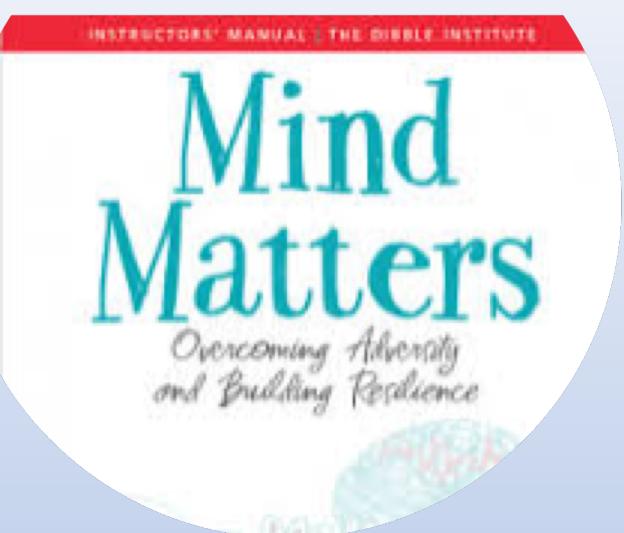
Advocates for Children – Flowering Branch Children's Shelter



- Advocates for Children has been open since 1985. It originally started as a shelter for at risk youth in the community. It has grown to have multiple umbrella programs now-Rainbows, Hope in Your Home, ILP, CAC, FBCS, RHY, Safe Place, CASA, & First Steps. One of those being the Flowering Branch Children's Shelter. The shelter houses and looks after youth in DFCS custody, and homeless youth through our RHY program.
- All programs help at risk populations in the community.
- Our vision is that all children are respected and loved, happy and thriving.
- We aim to eliminate child neglect and abuse in the community.

Independent Living Program at FBCS

- ILP through DFCS
- FBCS realized the need for an ILP on site
- Life skills: post-secondary education, career prep, money management, home management, emergency preparedness, healthy relationships, nutrition, person fitness, coping skills, healthy boundaries, mental health, etc.
- Prep for when youth exit DFCS care or leave FBCS
- “No one can look out for you, better than you can.”



Funding Sources

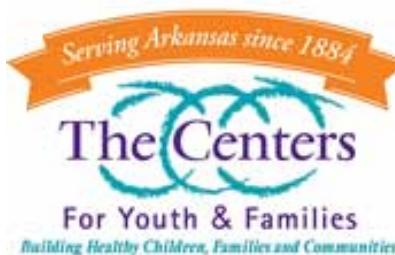


Reta Johnson MS, CRC, CADC

Prevention Services Program Manager

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Centers for Youth and Families



The Centers for Youth and Families' Prevention Services PREP Program

- Educates young people to reduce pregnancy
- Targets high risk youth populations, including youth in foster care, homeless youth, youth with HIV/AIDS, pregnant youth under 21 years old, mothers under 21 years old, and youth residing in areas with high birth rates
- Implements activities that address:
 - a) Healthy relationships
 - b) Positive adolescent development
 - c) Financial literacy
 - d) Parent-Child communication skills, education and employment preparation skills
 - a) Healthy life skills



Funding Source

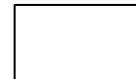
The Family and Youth Services Bureau (FYSB)

Arkansas Department of Health

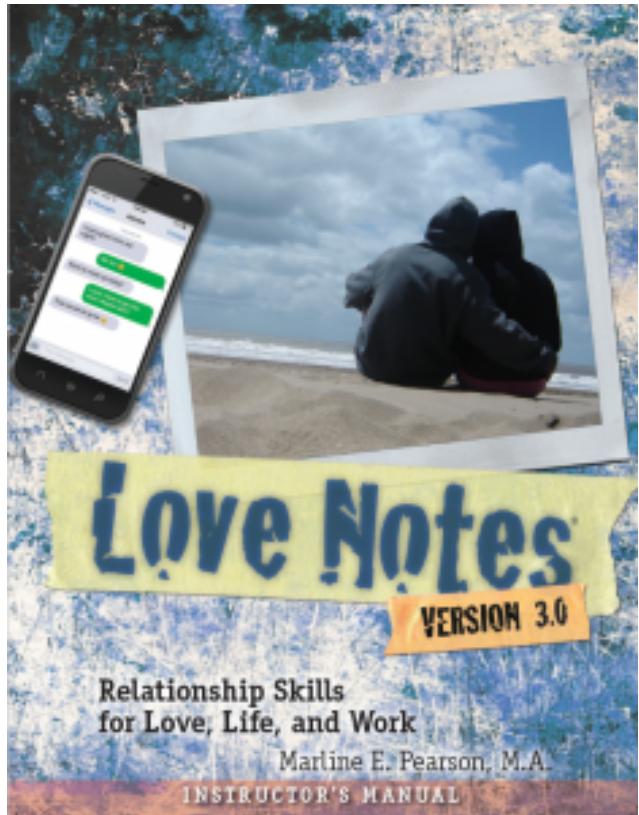


SUBCONTRACTORS

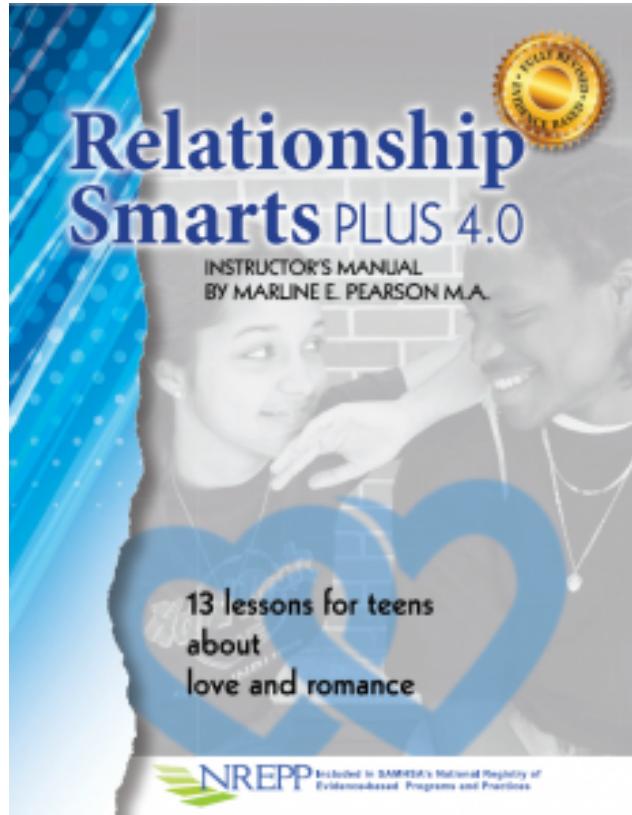
**Centers for Youth
and Families**



Program curricula



Love Notes 3.0



Relationship Smarts Plus 4.0

MINA KOPLIN, LCSW

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MILESTONE TRANSITIONAL LIVING PROGRAM

The Milestone Transitional Living Program (MTLP) is located in Salt Lake City, Utah. The mission of MTLP is to provide services for 25 youth 18 to under 22 years old experiencing homelessness. Our goals are to provide them with safe housing, stabilize employment, build life skills, connect them with ongoing resources and support within the community, help them become self-sufficient as they transition to adulthood, and break the cycle of homelessness and dependency. With the ultimate long-term goal of youth attaining middle class status.

FUNDING USED TO SERVE YOUTH

Salt Lake County
provides
\$217,0000 per
year

Federal Youth Services
Bureau Runaway
Homeless Youth Federal
Grant – provides
\$200,000 per year (3
year grant funds
starting in 2018 – total
of \$600,000)

Salt Lake County
Housing Authority:
Housing Connect
provides \$43,200
per year

PROGRAM CURRICULUM

The Dibble Institute – Love Notes 3.0 Evidence Based Curriculum. Focus on relationship skills for love, life and work.

2 Groups per month:
Offered 4 times per month in the AM and PM to support schedules and ensure participation

All participants in the program are required to attend group

Describe what protective factors
are being built in the youth you serve.

Share an example also.

We say that Dibble's Relationship Education is strength based.

Describe how have you seen this in practice.

(Name the strength and give example or anecdotal story)

What are some best practices for connecting or engaging youth in relationship education programs?

Share how finding and working with a trusted adult has addressed the social and emotional needs your youth experience.

Tell us about your biggest take-away from using relationship education for your youth.

Using the question box, would you please share one way that your organization is building protective factors with the youth they serve?

Questions?????



**Webinar will be available
in three business days.**

<http://www.dibbleinstitute.org/webinar-archives/>

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Second Wednesday Webinar

October 9, 2019

One-on-One: A New Approach for Teaching Mind Matters in Individual Settings

Presenter:

Carolyn Curtis PhD