



My Last Days

Zach Sobiech

Discuss: <https://www.youtube.com/watch?v=9NjKgV65fpo>

Honesty

- ❖ How important is the role of honesty in a relationship? How did honesty play a role in Amy deciding to date Zach?
- ❖ Do you think it was important for Amy to be honest with herself before deciding to date Zach? What do you think the dangers were in their relationship?

Positive Outlook

- ❖ Do you think it was okay for Zach and Amy to dream and make plans when they knew these plans could not be accomplished? What affect could this have on Zach? What affect could this have on Amy, especially after Zach's death?

Unity

- ❖ Is it easier to be unified and set aside your feelings for someone else when they have more important needs than you do? Is this healthy to do in a relationship?

Hope

- ❖ Does hoping for something different (more time, no cancer) alter your current relationship? How could hopeful thinking change Zach and Amy's relationship?

Discuss...

Courage

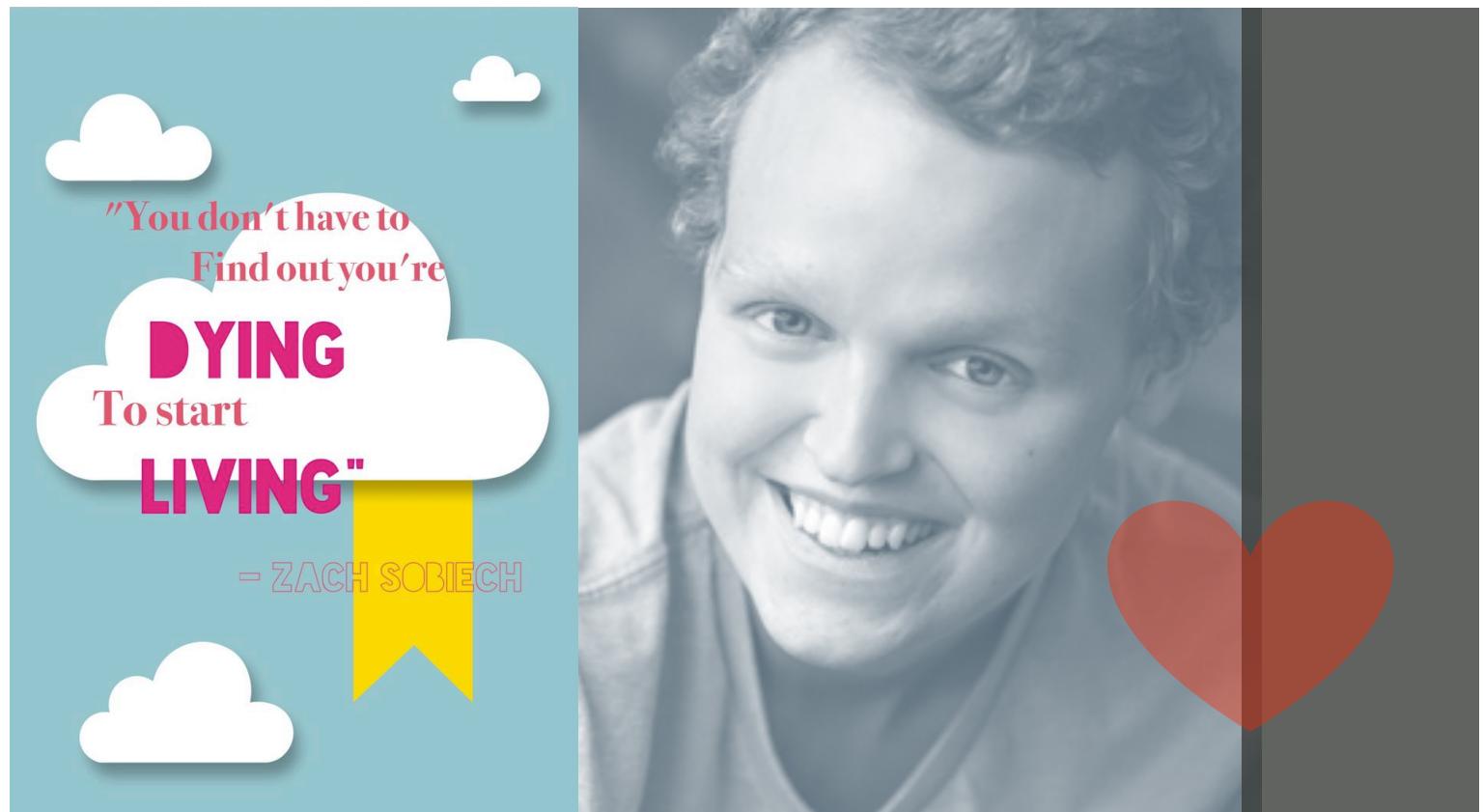
- Why do you think Amy decided to date Zach if she knew he was terminal? Would you date someone who has a terminal illness? Why or why not?

Grief

- How do you think Amy will be able to cope after Zach's death? How do you cope with difficult situations?

Marriage

- Why do you think Zach and Amy want to get married before he died? Do you think those were valid reasons for a teen wedding? Do you think they should have gotten married?
- How do you think Zach's diagnosis affected his parent's marriage?
- How do you think dating Zach will change Amy's future relationships?
- How can knowing you are going to die change how you act in a relationship? Do you think you would love more openly? Why?



For more resources to help teens and young adults learn healthy relationship skills, visit DibbleInstitute.org.